

Menu

Kiddie Academy of
Missouri City

Week beginning October 4th, 2021

Breakfast: 7:30 am for all classes

AM Snack: 9:00 am for Infants, Toddlers and 2 Year Old Classes; 9:30 am for 3, 4, K and School Age classes

Lunch: 11:30 am for Infants, Toddlers and 2 Year Old Classes; 12:00 pm for 3, 4, K and School Age Classes

PM Snack: 2:30 – 3:00 pm for all classes

Late Snack: 5:00 pm for all classes

Green indicates vegetarian option. Students are provided water at all meals. At lunch Students are provided milk. Assorted crackers, such as Cheez-its, Goldfish, Ritz, etc. are provided as a late snack.

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| MONDAY | <p>Breakfast: Cereal with Milk</p> <p>AM Snack: French Toast Sticks with Maple Date Syrup</p> <p>Lunch: <i>Cheese Bell Pepper Rigatoni</i></p> <p>Served with Garlic Bread and Fresh Fruit</p> <p>PM Snack: Mini Corn Dogs and ketchup</p> |
| TUESDAY | <p>Breakfast: Yogurt and Fruit Bowls with Granola</p> <p>AM Snack: Broccoli Hashbrown Casserole and Turkey Sausage</p> <p>Lunch: Chicken Philly Cheesesteaks or <i>Veggie Chik'n Nuggets</i></p> <p>Served with Cauliflower and Fresh Fruit</p> <p>PM Snack: Cheese Crackers and Yogurt Pops</p> |
| WEDNESDAY | <p>Breakfast: Strawberry Poptarts with Milk</p> <p>AM Snack: Scrambled Eggs and Croissants</p> <p>Lunch: Cheesy Meatballs or <i>Veggie Meat Balls</i></p> <p>Served with Mashed Potatoes and Fresh Fruit</p> <p>PM Snack: Acai Smoothies and Tortillas with Salsa</p> |
| THURSDAY | <p>Breakfast: Yogurt and Fruit Bowls with Granola</p> <p>AM Snack: Fruity Pebble Bread with Fresh Berries</p> <p>Lunch: Chicken and Sausage Jambalaya or <i>Veggie Jambalaya</i></p> <p>Served with Buttered Corn and Fresh Fruit</p> <p>PM Snack: Muesli Bars</p> |
| FRIDAY | <p>Breakfast: Cereal with Milk</p> <p>AM Snack: Maple Brown Sugar Oatmeal with Turkey Bacon</p> <p>Lunch: <i>Corn and Black Bean Quesadilla</i></p> <p>Served with Taco Soup and Fresh Fruit</p> <p>PM Snack: Cinnamon Rolls</p> |