

**MENU PLAN**  
**Kiddie Academy of College Station**

<b>Week 1</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>AM Snack</b> (6:30 AM – 7:00 AM)	Flavored Nutri-Grain Bar	Flavored Nutri-Grain Bar	Flavored Nutri-Grain Bar	Flavored Nutri-Grain Bar	Flavored Nutri-Grain Bar
<b>Breakfast</b> (7-15 AM – 9:15 AM)	Bran Muffin  Apple Slices  Milk	Scrambled Eggs  Oranges  Milk	Whole Wheat Pancakes  Cantaloupe  Milk	Cheerios w/milk  Bananas	French Toast Sticks  Peaches  Milk
<b>Lunch</b> (10:45 AM – 12:45 AM)	Baked Chicken Sliders  Green Beans  Peaches  Milk	Baked Fish Sticks  Carrots  Bananas  Milk	Whole Grain Cheese Pizza  Corn  Fruit Cocktail  Milk	Hamburger Sliders  Baked Beans  Oranges  Milk	Meatballs/Gravy with Wheat Toast  Green Beans  Fruit Cocktail  Milk
<b>Vegetarian</b> (meatless option)	Vegetarian Chicken Slider	Fishless Filet	n/a	Vegetarian Sliders	Vegetarian Meatballs
<b>PM Snack</b> (2:30 PM – 4:30 PM)	Pretzel Twists  Cheese Stick	Cinnamon Raisin Bagel w/ Juice	Applesauce  Wheat Crackers	Cheese It's w/ Juice	Yogurt  Wheat Crackers
<b>Late Snack</b> (~5:30 PM)	Graham Crackers	Cheese It's	Animal Crackers	Pretzel Twist	Cheese It's

**\*\*Milk will be served with Breakfast and Lunch\*\* \*\*\*When served, 100% Juice will be served with snack\*\***

**\*\*Milk – 1% (non-flavored) for ages 2 and older. Whole milk for Infant & Toddlers\*\***