

# Menu Rotation

<b>1</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>MON</b>	WG Pancakes Fresh Banana Milk	WG Fish Sticks Green Beans Fresh Apples Milk	Animal Crackers String Cheese Water
<b>TUES</b>	WG Turkey Sausage Breakfast Pizza Fresh Banana Milk	WG Chicken Nuggets Broccoli w/cheese Fresh Banana Milk	Graham Crackers Apple Slices Water
<b>WED</b>	WG Bagel w/ Cream Cheese Fresh Apples Milk	Homemade WG Baked Ziti w/ Meat Sauce Corn Fresh Pears Milk	WW Chex Mix Applesauce Water
<b>THUR</b>	Strawberry Pop Tart Fresh Oranges Milk	WG Chicken Noodle Casserole with Mixed Veggies Fresh Oranges Milk	WG Goldfish Apple Slices Water
<b>FRI</b>	WG Cheerios Fresh Oranges Milk	Cheese Quesadilla on Wheat Tortilla Mixed Veggies Fresh Pears Milk	Fruit and Grain Cereal Bar Juice

WG= Whole Grain Item WW=Whole Wheat

<b>2</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>MON</b>	Whole Wheat English Muffin w/ Cheese Fresh Banana Milk	WG Turkey Mini Corn Dogs Fresh Salad Fresh Pears Milk	Wheat Thins w/ Cream Cheese Water
<b>TUES</b>	Turkey Sausage and Cheese Biscuit Fresh Bananas Milk	Meatballs w/ Brown Rice and Gravy Mixed Veggies Fresh Apples Milk	Baked Soft Pretzel String Cheese Water
<b>WED</b>	WG Cinnamon Roll Fresh Oranges Milk	Cheeseburger on WG Bun Green Beans Fresh Pears Milk	Homemade Chocolate Chip Pumpkin Bread Water
<b>THUR</b>	Bean & Cheese Breakfast Taco on Wheat Tortilla Fresh Pears Milk	Chili Homemade Corn Bread Fresh Cooked Carrots Fresh Apples Milk	Ritz Crackers w/Cheese Water
<b>FRI</b>	WG Chocolate Chex Cereal Fresh Apples Milk	Teriyaki Chicken Broccoli & WG Rice Fresh Oranges Milk	Veggie Straws Juice

Water available each meal

<b>3</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>MON</b>	WG Belgian Waffles Fresh Banana Milk	Soft Beef Tacos on Wheat Tortilla Corn Pears Milk	Homemade Banana Chocolate Chip Muffins Water
<b>TUES</b>	Homemade Banana Chocolate Chip Fresh Banana Milk	Sloppy Joes on WG Bun Baked French Fries Fresh Bananas Milk	Whole Wheat Cheese Toast Water
<b>WED</b>	WG Sausage and Pancake on a Stick Fresh Oranges Milk	WG Chicken Patty Homemade Mashed Potatoes Fresh Pears Milk	Scooby Snacks Fresh Apples Slices Water
<b>THUR</b>	WG French Toast Sticks Fresh Apples Milk	Homemade WG Beefy Mac & Cheese Mixed Veggies Fresh Oranges Milk	Vanilla Wafers Apple Slices Water
<b>FRI</b>	WG Cheerios Fresh Pears Milk	Cheese Pizza w/ WG Crust Tossed Salad Fresh Oranges Milk	Whole Grain Cheese-Itz Juice

<b>4</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>PM Snack</b>
<b>MON</b>	Egg and Cheese Omelet WW Toast Fresh Banana Milk	Chicken Fajita Taco on Wheat Tortilla Green Beans Fresh Oranges Milk	Veggie Straws Juice
<b>TUES</b>	Raisin Bagel Fresh Banana Milk	BBQ Beanie-Weenies WW Toast Fresh Cooked Carrots Fresh Pears Milk	Trail Mix Juice
<b>WED</b>	WG French Toast Sticks Fresh Apples Milk	Homemade WG Chicken Alfredo Corn Fresh Pears Milk	Homemade Chocolate Chip Pumpkin Bread Water
<b>THUR</b>	Homemade Chocolate Chip Pumpkin Bread Fresh Apples Milk	Taco Salad w/ Ground Beef Pinto Beans & Corn Fresh Oranges Milk	Ritz Crackers w/ Cheese Water
<b>FRI</b>	WG Chocolate Chex Cereal Fresh Apples Milk	WG Chicken Strips Baked French Fries Fresh Apples Milk	Fruit and Grain Cereal Bar Water

# Menu Rotation Schedule

<u>WEEK</u>	<u>MENU</u>	<u>WEEK</u>	<u>MENU</u>
Sept. 30-Oct 4	1	February 10-14	4
October 7-11	2	February 17-21	1
October 14-18	3	February 24-28	2
October 21-25	4	March 3-7	3
Oct. 28-Nov. 1	1	March 10-14	4
November 4-8	2	March 17-21	1
November 11-15	3	March 24-28	2
November 18-22	4		
November 25-29	1		
December 2-6	2		
December 9-13	3		
December 16-20	4		
December 23-27	1		
Dec. 30-Jan. 4	2		
January 6-10	3		
January 13-17	4		
January 20-24	1		
January 27-31	2		
February 3-7	3		